

## ABSTRACT OF THE DISCLOSURE

An article of footwear has a relatively elevated heel composed of durable material with fashionable characteristics such as design and style as well as functional features such as arch support and comfort. The article of footwear includes a sole having a front portion and a rear portion, a heel positioned over the rear portion of the sole, an insole positioned upon the heel and the front portion of the sole, a cushion positioned on a rear portion of the insole above the heel, and a strap attached to the insole for removably securing at least the insole to the foot of a wearer. The heel has a height greater than the thickness of the insole. A fastener removably attaches a portion of the strap to the insole, and is a hook-and-loop fastener. The heel could be composed of hardened plastic.